



For more information or an appointment, contact our office.

LEESBURG | THE VILLAGES | TAVARES | CLERMONT

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Take Me Out to The...Doctor?

Mickey Mantle once said, “if I had known I was going to live this long, I would have taken better care of myself.” The truth is, seven of 10 Americans who haven’t visited a doctor in the last five years are men.

“Men are less likely than women to have regular physicals or to receive regular screenings for their health conditions, including heartburn, colorectal cancer and other digestive problems,” said Board Certified Gastroenterologist Akram Ismail, MD. “And that’s a real cause for concern.”

According to research, this male denial factor is unrelated to occupation, age, race or socioeconomic status. No matter how smart a man is, no matter what kind of professional status he’s achieved, he can still ignore things he shouldn’t ignore and pay unnecessary consequences.

And those consequences can range from uncomfortable to serious. So, if you or someone you love hasn’t had a checkup recently, call your doctor or the caring and knowledgeable physicians at Professional Gastroenterology & Surgical Associates.